

Help us learn about Continuous Blood Glucose Monitoring in an entirely remote 5-week study!

The purpose of the study is to learn about how blood glucose throughout the day is related to eating and physical activity patterns for adults who have overweight or obesity

Participation Includes:

- Wear a Continuous Blood Glucose Monitor*
- Wear a physical activity monitor
- Brief dietary recalls over Zoom
- Zoom sessions to collect biometric information (such as weight and HbA1c) and decision-making computer assessments

**Please note that you will not have immediate access to your data.*


Compensation of up to \$500
for complete participation



Find out if you're eligible! Screen online at:

<https://is.gd/mindd5>



 (540) 739-5101

 vtmindd@gmail.com



FRALIN BIOMEDICAL
RESEARCH INSTITUTE AT VTC
VIRGINIA TECH.

IRB Protocol #: 19-899