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In Person Seminar: Reducing the Harms from Tobacco Through Nicotine Regulation

Tobacco use is the leading cause of preventable death and disease, and combustible tobacco use is responsible for the vast majority of these harms. Regulating tobacco to reduce the appeal and addictiveness of cigarettes is likely to result in the greatest public health gains. Dr. Smith will present data from animal studies, human-lab, and clinical trials testing the impact of nicotine regulation on nicotine reinforcement and smoking behavior. Thoughtful regulation of non-combusted tobacco products is also needed to prevent uptake among youth and allow appealing substitutes for addicted cigarette smokers. Dr. Smith will present preliminary data assessing the ability of e-cigarettes to promote switching away from cigarettes among adults and explore factors that may promote switching.