In Person Seminar: Cognitive Bias Modification in the Treatment of Addiction: Efficacy and New Insights into Working Mechanisms

Varieties of Cognitive Bias Modification (CBM) have been developed and tested in addiction, with evidence of efficacy when added to the treatment of alcohol use disorders across clinical trials. Originally, these interventions were based on dual process models of addiction, with the assumption that CBM would impact associative (automatically activated cognitive-motivational) processes, while traditional therapy would impact reflective processes. However, basic research has undermined this perspective, leading to the development of a new propositional variety of CBM, ABC training (Wiers et al., 2020), which Dr. Wiers will describe and present first data on.