Virtual Lecture: Social Inequities in Health: What Each of Us Can Do

Dr. Williams will provide an overview of the large and persistent socioeconomic and racial/ethnic disparities in health. Distinctive social exposures linked to race - at the individual and institutional level - can have pervasive negative effects on health. Dr. Williams will also draw on scientific research, which documents that tackling the social determinants of health can lead to improvements in health and reductions in health inequities. The lecture will focus on both interventions within the healthcare system that address some of the social determinants of health, as well as interventions on upstream factors, such as housing, neighborhood conditions, economic well-being, and investing in early childhood development. All of these factors can lead to improvements in health and reduced social inequities in health.