

PIONEERS IN BIOMEDICAL RESEARCH SEMINAR

Presented by the Fralin Biomedical Research Institute and co-sponsored by the research institute's Addiction Recovery Research Center and the Center for Health Behaviors Research



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Virtual Seminar: Pathways to Recovery from Alcohol Use Disorder

Abstinence from alcohol is often viewed as the most desirable and ideal outcome for individuals with alcohol use disorder. Yet, most individuals with alcohol use disorder do not want to abstain from drinking and do not seek treatment. Over the past 20 years, there have been several significant methodological advances in studying patterns and predictors of alcohol use and drinking reductions, yet most of the work has not had a major influence on clinical practice. Dr. Witkiewitz's talk will provide a broad overview of this literature and present new data on the validity of World Health Organization drinking risk levels as a harm reduction endpoint. Results from several recent studies provide evidence that reductions in World Health Organization drinking risk levels are a viable alternative to abstinence as a public health and harm reduction strategy and as an endpoint for alcohol clinical trials. The talk will also highlight new perspectives and new empirical data examining non-abstinent recovery from alcohol use disorder.

FRIDAY, SEPT. 10 at 11:00 a.m.

Watch live via Zoom at <https://viriniatech.zoom.us/j/82722436593> or at <https://fbri.vtc.vt.edu/events/live-webcast.html>.



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