Parabiosis Protocol

The protocol is a revision based on Kamran et al. JoVE e50556, 2013.

Preparation of surgery area and reagents and tools:

- 1. Sign up to reserve the surgical room MR4-G0.
- 2. Bring isoflurane and heating pad.
- 3. Bring sterile tools: 2 forceps, scissors, Ointment, 4-0 Chromic gut suture and 2-0 silk suture, and 1 ml-syringe.
- 4. Bring 0.9% NaCl, Ketamine/Xylazine 20 mg/2 mg/ml, Ketoprofen 1 mg/ml.
- 5. Sterile gloves, Povidone-idoine, 70% ETOH.

Preparation of animals:

- 1. Use mice of the same genetic background and gender. Similar in body weight.
- Anesthetize mice by IP injection of Ketamine/Xylazine at 0.1-0.15 cc/25 g body weight (80-120 mg/8-12 mg/kg body weight).
- 3. Remove the hair from 0.5 cm above the elbow to 0.5 cm below the knee joint.
- 4. Lay down the mice back to back on the heating pad. Clean up surface by using Providoneidone 3 times, follow by 70% ETOH 3 times.
- 5. Cover the mice with sterile drape exposing only the operation area.
- 6. Put some Ointment on the mouse eyes.

Parabiosis

- 1. Cut the skin from 0.5 cm above the elbow to 0.5 cm below the knee using sterile scissors.
- 2. Blunt dissect to detach the skin with the forceps.
- 3. Use 4.0 Chromic gut suture to suture the knees (in a bended position) between the mice.
- 4. Suture the elbows similarly by a double surgical knot.
- 5. Suture the skin of the two mice with 2-0 silk suture, ending with a double knot.
- 6. Verify the continuity of the suture and confirm the absence of openings.
- 7. Injection 0.5 ml of 0.9% NaCl subcutaneously to each mouse to prevent dehydration.

Postoperative recovery

- 1. Keep mice on heated pad until they recover completely.
- 2. Place mice in clean cage with wet food pellets in it.
- 3. Give them Ketoprofen for 5 days 100 μ l/25 g body weight (i.p. 4 mg/kg).
- 4. Add Antibiotic Baytril in drinking water at XXXX/ml.
- 5. It takes 10-14 days before blood sharing, which can be confirmed by Western blot.